



THE
Hudson School
Fall 2018
After School Activities

October 1, 2018 — January 24, 2019

Unless otherwise noted, all activities take place from 3:30 p.m. – 4:15 p.m.

Please read over the course descriptions and use the online registration form to indicate your **1st**, **2nd**, and **3rd** choices for each day. If no activity is desired for any given day, please check the appropriate space on the form. Register as soon as possible to ensure placement in your favorite activities.

Upper school chorus and backstage crew activities are not included here. Students who are not already participating in these activities and who wish to do so should contact Ms. Weber (chorus) and Mr. McCormick (stage crew). Also, upper school students should contact Ms. Roberts about the Writing Center, Mr. Eng about Math Lab and Mr. Himmelstein about Mock Trial.

If you have any questions, or problems with the sign up process, please contact:

Mr. Ziebel at afterschool@thehudsonschool.org.

MONDAY

STUDY HALL

Grades 5-8: A quiet place to go and get homework done under the supervision of teachers, who will help with any problem you may have with your homework.

3D MODELING

Mr. Laracuenti

Grades 5–12: 3D modeling is used extensively in a myriad of fields from industrial engineering to interior design and architecture. As an introduction to the growing field of 3D modeling and computer assisted design (CAD) we will utilize OpenSCAD, a programming based modeling program well suited for mechanical objects.

Maximum 15 students

JAPANESE FLOWER ARTS

Sensei Yokota

Grades 5–8: We will explore Japanese culture through different Japanese traditional arts related to flowers, including Ikebana (Japanese flower arranging), origami and drawing.

Maximum 6 students

ROBOTICS

AN INTRODUCTORY COURSE IN PHYSICAL COMPUTING

Mr. Prussack

Grades 7-12: We'll learn the fundamentals of physical computing using Arduino hardware and software. This is a hands-on course that consists of building electrical circuits on a breadboard (learning to identify electrical components), and programming in the Arduino computer language (reading input sensors and writing to output devices). While we won't build a robot, you will learn how robots work. Knowledge of electrical circuits and computer programming is helpful (but not necessary).

Maximum 5 students

MIDDLE SCHOOL YOGA

Ms. DuRoss

Grades 5-8: Learn the basics of Vinyasa Yoga with special emphasis on breath and moving with breath. Learn how to refocus your energies and dispel your tensions. Increase flexibility for sports! The school will provide mats.

UPPER SCHOOL AND FACULTY YOGA

Ms. DuRoss

Grades 9-12: (4:15 p.m. – 5:00 p.m.; Faculty, Parents Welcome) Learn the basics of Vinyasa Yoga with special emphasis on breath and moving with breath. Learn how to refocus your energies and dispel your tensions. Increase flexibility for sports! The school will provide mats. Can fulfill upper school physical education requirement.

UPPER SCHOOL OPEN ART STUDIO

Ms. Veral

Grades 9-12: Supervised, open art studio time to allow upper school students to create and explore their own work independently. Sign up is not required, weekly attendance is not mandatory and drop-ins are welcome! However, the studio will not be open as a student lounge or study hall.

TUESDAY

STUDY HALL

Grades 5–8: A quiet place to go and get homework done under the supervision of teachers, who will help with any problem you may have with your homework.

ART JEWELRY

Ms. Perez

Grades 5-8: Art jewelry emphasizes creative expression and design. It incorporates the use of a variety of materials including metal, wood, glass, found object, and paper to name a few. Art Jewelry class projects will be a mix of jewelry or small objects. Students will be taught basic knowledge of tools and materials. Class will focus on learning wire forming, cold connection, resin, found objects, stamping, texturing, rivets and more... And You Bring Your Bling Home!

Maximum 10 students

FASHION LAB

Ms. Avery

Grades 5-8: (3:30 p.m. – 4:30 p.m.) Fashion Lab is an after school activity program for kids 5th-8th grade teaching basic sewing & design skills as it relates to creating popular projects for this age group, including fashion accessories, clothing, stuffed animals & home decor items. Students work on projects using a sewing machine, as well as hand sewing using a needle and thread. All students keep their projects when they are finished. Some projects may be completed in one week, others may take multiple weeks, depending on difficulty.

Maximum 3 students

Please note: Students will be dismissed from Monroe Center, 720 Monroe St., in Hoboken.

MIDDLE SCHOOL FENCING

Ms. Lake

Grades 5-8: Fencing is a very simple sport to learn. No gender or physique limits participation in this sport. Anyone can find a way to compete against anyone else. We will use foils and épée rules as an introduction. As students progress, the épée may be added to the program.

Maximum 10 students

UPPER SCHOOL FENCING

Ms. Lake

Grades 9-12: (4:15 p.m.-5:00 p.m.) Fencing is a very simple sport to learn. No gender or physique limits participation in this sport. Anyone can find a way to compete against anyone else. We will use foils and épée rules as an introduction. As students progress, the épée may be added to the program.

Maximum 10 students

FILMS OF THE '50s

Mr. Pauloski

Grades 5-12: What are these “classic” films everyone’s always talking about? Who’s Hitchcock? What’s a Brando? Bridge on the river why? In this after-school activity, we will be watching and discussing films of the 1950s, starting with Mr. Pauloski’s personal favorite, Alfred Hitchcock’s *Rear Window*. If you’re a fan of classic film, or just a fan of great stories, come see what the films from the fifties were all about.

TUESDAY (continued)

JAZZ BAND

Mr. Countryman

Grades 5–12: If you like jazz and funk music or are interested in learning more about them, join the Hudson School Jazz Band. The band will rehearse every Tuesday after school with Mr. Countryman, the woodwind teacher. All grades and instruments are welcome to join. Whether you're the next Charlie Parker or just curious about jazz, come on out! No prior jazz experience is necessary. In this band, you will learn how to improvise!

Auditions for Jazz Band will be held on Tuesday, Sept.25 at 3:30 p.m. Two years of experience with your instrument is required. Please be ready with a song or solo.

WEDNESDAY

STUDY HALL

Grades 5-8: A quiet place to go and get homework done under the supervision of teachers, who will help with any problem you may have with your homework.

DEBATE

Ms. Jauregui

Grades 5-8: Do you like to argue? Do you want to learn how to have the upper hand in every argument you get into? Are you a fan of 'Epic rap battles of history?' Would you like to learn how to persuade your parents (or anyone) to give you what you want? Debaters are persuasive, sharp, fast and very good at analyzing what is and is not a load of hogwash. Good debaters are like the Jedi—they can dissect and destroy an argument in minutes and persuade anyone that their plan makes more sense. Come hone your Jedi mind skills in Debate. Students will vote on a number of topics and learn how to deliver an argument that is irrefutable.

Instructor is from Amanda Sawyer's **Dedimus Potestatem** (<https://www.potestatem.co>). Amanda's Soft Skills classes have been very popular summer activities at Hudson.

Maximum 12 students

KNITTING

Mme. Touzot

Grades 5-8: For beginners just learning to knit and experienced knitters. We'll work on projects as we learn about the craft. We'll discuss different yarn choices, learn new stitches and techniques, and analyze knitted samples. Starting materials will be supplied.

Maximum 4 students

MUSIC TOOLS AND TECHNOLOGY

Mr. Lambert

Grades 5-8: Everyone has a song inside them, and together we'll explore some different ways we can let our music be heard. Mr. Lambert will take you on a tour of the tools and technology that help musicians unlock their sound. From pen and paper to the latest apps, we'll explore ways to create rhythms and melodies, simple and complex song structures, the best (and worst) lyrics, and the special effects that studios use to polish a track. Headphones required.

Maximum 12 students

SCULPTURE

Ms. Veral

Grades 5-8: Get your hands on some raw material and see what you can create. This class will expose students to the artistic use of 3D materials ranging from clay to wax. Students will learn proper techniques in using such materials and will create 3D artworks.

Maximum 10 students

SHAKESPEARE

Ms. Marcazzo

Grades 5-12: Students will work on scenes, monologues and sonnets using a method that the Royal Shakespeare Company employs with their actors — an active, on your feet approach that engages the whole body and voice. This class could be an excellent preparation for those interested in auditioning for the All School Spring musical version of *A Midsummer Night's Dream*. **Class will run until 4:30 p.m.**

Maximum 10 students

THURSDAY

STUDY HALL

Grades 5-8: A quiet place to go and get homework done under the supervision of teachers, who will help with any problem you may have with your homework.

ASL

Ms. Hasbrouk

Grades 5-8: This course in American Sign Language covers basic vocabulary, syntax, idiom and grammar, facial expression, the “Five Parameters” of the mechanics of ASL (hand shape, movement, palm orientation, location, and non-manual markers) and basic Glossing (basic translation form & sentence structure) and presentations that target the five goal areas of language studies: communication, connections, comparisons, culture, and community. Following a “First 100 Signs” format, students will focus on mastering the basics of the ASL alphabet, fingerspelling, lexicalization, greetings, community, family, holidays, numbers, colors, animals, beginning noun-verb pairs and beginning directional verbs through games and visual and manual instruction. Students will also learn conversational/cultural behaviors necessary to hold a beginning-level conversation in ASL, with Deaf and hard-of-hearing native users of the language. The group will also focus on early historical facts of the establishment of ASL as an accepted language.

Maximum 10 students

FOOD FUN

Ms. Cornell

Grades 5-8: In Food Fun, students will learn simple recipes and explore the creative possibilities of food. Food Fun celebrates nutritional value in sweet and savory treats, the potential of seasonal ingredients and dishes, and the joy of eating.

Maximum 10 students

OUTDOOR PLAY/BOARD GAMES

Mr. Ognissanti

Grades 5-8: Play soccer, touch football, Capture the Flag and other outdoor games at Church Square Park. Or, in inclement weather, the group may choose indoor games like chess, checkers and Connect Four.

ROBOTICS 5/6

Mr. Laracuenti

Grades 5 & 6: An extension of Mr. Rusty’s 5th and 6th Grade class for students looking for a little extra work and fun in beginning robotics.

Maximum 15 students

FRIDAY

UPPER SCHOOL OPEN ART STUDIO

Ms. Veral

Grades 9-12: Supervised, open art studio time to allow upper school students to create and explore their own work independently. Sign up is not required, weekly attendance is not mandatory and drop-ins are welcome! However, the studio will not be open as a student lounge or study hall.

There are no middle school activities on Friday.

